

REPORT OF FREE EYE SURGICAL CAMP AT AHQ HOSPITAL KHAR BAJAUR AGENCY

(23rd -25th February, 2016)

Background: This free eye surgical camp was executed by Pakistan Institute of Community Ophthalmology (PICO) Peshawar and Overseas Pakistani Foundation (OPF) in Agency Headquarter (AHQ) hospital khar Bajaur Agency.

Demography:

Bajaur (Pashto: باجور) is an agency of the Federally Administered Tribal Areas (FATA) of Pakistan declared in 1973. Smallest of the agencies in FATA, it has a hilly terrain. According to the 1998 census, the population was 595,227 but other more recent estimates it has grown to 757,000. It borders Afghanistan's Kunar Province with a 52 km border. The headquarters of the agency administration is located in the town of Khaar.

Bajaur Agency is divided into Seven Tehsils, which are Barang, Nawagai, Khar, Mamund, Salarzai, Utmankhel and Chamarkand and is inhabited almost exclusively by Tarkani (Tarkalani) Pashtuns, and there are their main sub-tribes in Bajaur: Utman Khel, Tarkalanri, Mamund (Kakazai, Wur and Salarzai) as well as a small population of Safis. The Utman Khel are at the southeast of Bajaur, while Mamund are at the southwest, and the Tarkani are at the north of Bajaur. Its border with Afghanistan's Kunar province makes it of strategic importance to Pakistan and the region.



Report of Free Eye Surgical Camp at AHQ hospital khar Bajaur Agency. This free surgical eye camp was held in AHQ hospital khar Bajaur Agency by Pakistan Institute of Community Ophthalmology (PICO) from Tuesday 23rd February to Thursday 25th February, 2016 with the assistance of Overseas Pakistani Foundation (OPF). The PICO Team comprising of the following doctors and support staff conducted the camp:-

1. Dr. Junaid Faisal Wazir Consultant Community Ophthalmologist PICO.
2. Dr. Imran, Eye A HMC.
3. Dr. Wali Ullah, TMO Eye A HMC.
4. Dr. Shahid, TMO Eye B HMC.
5. Dr. Khalil, TMO Eye A HMC.
6. Dr. Rehmat Saleem, Ophthalmologist AHQ Hospital Khar Bajaur.
7. Dr. Jamal Hussain, Ophthalmologist Bajaur.
8. Mr. Perviaz Akhtar, Programme Officer
9. Mr. Shahbaz Hussain, Optometrist.
10. Mr. Jalal Ud Din, Optometrist.
11. Mr. Naib Ali, OT Technician
12. Mr. Amin Ullah Ophthalmic Technician
13. Waqas, FSc
14. Imad, FSc
15. Israr, FSc
16. Javid Iqbal BVS Student
17. Said Wali BVS Student
18. Mr. Gul Hussain, Driver.

The team started journey from PICO HMC on Monday 22nd February with all necessary stuff needed for Eye Surgical camp in three vehicles (Hiace) due to stay for lunch and several check posts of Pakistan Army Team reached Khar Bajaur Agency late evening. The stay was pre organized at Political Agent Guest House Khar Bajaur Agency. On that day, after having dinner all members of OPF and Team of PICO HMC were asked to gather in lounge, where they were briefed by Dr Junaid Faisal Wazir for the pre-liminary arrangements and specific duties were assigned to each person for the surgical eye camp and the necessary arrangements were made.

Details of Camp Activities:

The timing of OPD was from 8:00 am till 2:00 pm. On the first day of camp, team first met with AHQ Ophthalmologist Dr Rehmat Saleem, and then moved to the OPD section, as this was new block of hospital and to make Camp more publicized so it was formally inaugurated by Mr. Abdul Amir Khattak Political Agent (PA) Khar Bajaur Agency , accompanied by APA Khar and Nawagai, and Notables of that Area, Mr. Iftikhar Ahmad Regional Head (OPF) and Dr Junaid Faisal Wazir briefed the Guest about the role of PICO HMC and Past experience in holding free camps also Mr. Iftikhar briefed about OPF role and assistances. As all duties were assigned so quickly registration desk was set and certain rooms were identified (Visual Acuity, Refraction, Screening and waiting room for patient screened for surgery) as the Operation Theater (OT) was located in separate block of hospital and was at some distance from OPD section so screened surgery patient were carried in vehicle to OT block, we started surgeries late due to initial screening of patients and then doing the necessary tests before surgery for those patients who were screened for Cataract surgery, and also on first day OPD flow was very large.

On the 2nd day OPD started smoothly as well as OT. On that day the OT continued till 2:00 Am mid night because most of patients were from peripheral area so they couldn't stay in hospital for more days. There were 2 Doctors in OT from morning, so they were given a break when doctors from OPD arrived they continued surgeries till their arrival so that OPD team can leave for lunch now. It was a bit tough day for doctors as they continued surgeries almost nonstop till 2:00 am, 82 surgeries were done that day including 1 chalazion surgery.

Third day was bit relax due to less number of patients in OPD. So OPD was finished earlier and team moved to OT where some 25-30 surgeries were still waiting to be done, OT work stopped late afternoon. After collecting all stuff that were bring here for surgery. Team meet AHQ Eye department staff specially Dr Rehmat Saleem in MS office and thanked them for help and assistance in conducting such a successful camp.

The details of the patient seen, provided with medicines, glasses and those operated are as under:-

Date	No of patients in OPD	Free medicine given	No of cataract surgeries	No of NV Glasses given
23-02-2016	800	630	35	
24-02-2016	670	570	82	
25-02-2016	600	350	37+1(chalazion)	
Total	2070	1550	155	200

Overall Findings:

i) Patients Examination: In three days a total number of 2070 patients were examined in the OPD.

ii) Surgeries: A total of 154 patients were operated for cataract and 1 patient for Chalazion surgery in three days (**List of patients attached**).

iii) Medicines: In three days 1550 poor patients received free medicines.

v) Administrative Support: .

vi) Overseas Pakistani Foundation (OPF): The OPF also participated in the free surgical eye camp held at Khar Bajaur Agency by providing financial as well as HR support for the camp activities. The organization's Regional Director Mr. Ifthekhar Ahmad and his team remained in the camp with the PICO team for 5 days and monitored the camp activities. PICO acknowledges the support of Overseas Pakistani Foundation (OPF).

Photo Gallery





